

DATES for the 10-week preparation course. FRF's and Verses due on these dates.

- March 4 - Philippians 4:1–2 (Standing firm in the Lord; call to unity)
- March 11 - Philippians 4:3–4 (Help fellow workers; rejoice always)
- March 18 - Philippians 4:5–6 (Gentleness; prayer instead of anxiety)
- March 25 - Philippians 4:7 (God's peace guarding hearts and minds)
- April 1 - Philippians 4:8–9 (Thinking on the excellent; practicing godly living)
- April 8 - Philippians 4:10–11 (Contentment in all circumstances)
- April 15 - Philippians 4:12–13 (Strength through Christ in every situation)
- April 22 - Philippians 4:14–15 (Partnership in giving and gospel support)
- April 29 - Philippians 4:16–17 (Gifts as spiritual fruit, not mere aid)
- May 6 - Philippians 4:18–19 (God's provision and glory)