

## Introduction to the Book of Ephesians



In this unique book, Paul blends elements of theological and practical truth together in order to cause the believer to know how to relate to the body of Christ, the church. The emphasis on the mystery of the church ensures that this book holds great practical value to every true follower of Jesus.

### Author:

Paul wrote this book (1:1, 3:1), and there really is no reason to doubt his authorship. Acts tells us that the letter was written from prison (Acts 28:16-31), and so it forms one of the “prison epistles” along with Philipians, Colossians, and Philemon.

### Background & Setting:

Paul had much background with the Ephesian believers that he is writing to. He played a great part in establishing the church, and in pastoring it for no less than three years. Paul’s pastor leadership was followed by Timothy, and the church is referenced in Paul’s first letter to Timothy that serves as a manual for the local church.

### Themes:

Paul writes this book for three primary reasons. First, Christians are reminded of the treasure that they have in their identity with Christ. Second, the mystery of the church is explained. Third, the church is expounded as the living, functioning body of Christ.

### Think about it:

As you read through the book of Mark, here are a few things to pay careful attention to:

1. Consider the blessings that you have in your union in Christ.
2. Strive to understand the mystery of the church.
3. Recognize your responsibilities to the body of Christ.
4. Revel in the grace of Christ that provides you with innumerable benefits.

## Introduction to the Book of Ephesians



In this unique book, Paul blends elements of theological and practical truth together in order to cause the believer to know how to relate to the body of Christ, the church. The emphasis on the mystery of the church ensures that this book holds great practical value to every true follower of Jesus.

### Author:

Paul wrote this book (1:1, 3:1), and there really is no reason to doubt his authorship. Acts tells us that the letter was written from prison (Acts 28:16-31), and so it forms one of the “prison epistles” along with Philipians, Colossians, and Philemon.

### Background & Setting:

Paul had much background with the Ephesian believers that he is writing to. He played a great part in establishing the church, and in pastoring it for no less than three years. Paul’s pastor leadership was followed by Timothy, and the church is referenced in Paul’s first letter to Timothy that serves as a manual for the local church.

### Themes:

Paul writes this book for three primary reasons. First, Christians are reminded of the treasure that they have in their identity with Christ. Second, the mystery of the church is explained. Third, the church is expounded as the living, functioning body of Christ.

### Think about it:

As you read through the book of Mark, here are a few things to pay careful attention to:

1. Consider the blessings that you have in your union in Christ.
2. Strive to understand the mystery of the church.
3. Recognize your responsibilities to the body of Christ.
4. Revel in the grace of Christ that provides you with innumerable benefits.



Date: Wednesday, June 5

Passage: Ephesians 1

1. In verses 3 through 14, Paul outlines a list of several spiritual blessings that are found in Christ. List them as you find them in the text.

---

---

---

---

---

---

---

---

---

---

2. What are the two reasons that Paul gives thanks for the Ephesian believers (v. 15)? Do you think that those two facets of their Christian walk are evidenced in your life? Why or why not?

---

---

3. What does Paul pray for on behalf of these believers that he loves (vv. 17-23)? Which one of these impacts you the most? Why?

---

---

---

---

The blessings that we have in Christ are innumerable and unsearchable! Meditate on this incredible list today and let it motivate you to serve Him with your whole heart.



Date: Wednesday, June 5

Passage: Ephesians 1

1. In verses 3 through 14, Paul outlines a list of several spiritual blessings that are found in Christ. List them as you find them in the text.

---

---

---

---

---

---

---

---

---

---

2. What are the two reasons that Paul gives thanks for the Ephesian believers (v. 15)? Do you think that those two facets of their Christian walk are evidenced in your life? Why or why not?

---

---

3. What does Paul pray for on behalf of these believers that he loves (vv. 17-23)? Which one of these impacts you the most? Why?

---

---

---

---

The blessings that we have in Christ are innumerable and unsearchable! Meditate on this incredible list today and let it motivate you to serve Him with your whole heart.



Date: Tuesday, June 6

Passage: Ephesians 2

1. Ephesians 2:1-10 is as great of an explanation of true salvation that you will find anywhere in Scripture. Let's allow the framework of that paragraph to lead us through a few questions:

\* How are you described before salvation? \_\_\_\_\_

\_\_\_\_\_

\* Why did God provide salvation? \_\_\_\_\_

\_\_\_\_\_

\* What is the purpose of your salvation? \_\_\_\_\_

\_\_\_\_\_

\* How can you get salvation? \_\_\_\_\_

\_\_\_\_\_

2. Paul builds off of the foundation laid in verses 1-10 to express the uniqueness of the unity that we now have with Christ in verses 11-22. What are some of the benefits that Paul gives in this passage?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. How can you allow the knowledge of the benefits that you have in Christ to shape the way that you act today?

\_\_\_\_\_

\_\_\_\_\_



Date: Tuesday, June 6

Passage: Ephesians 2

1. Ephesians 2:1-10 is as great of an explanation of true salvation that you will find anywhere in Scripture. Let's allow the framework of that paragraph to lead us through a few questions:

\* How are you described before salvation? \_\_\_\_\_

\_\_\_\_\_

\* Why did God provide salvation? \_\_\_\_\_

\_\_\_\_\_

\* What is the purpose of your salvation? \_\_\_\_\_

\_\_\_\_\_

\* How can you get salvation? \_\_\_\_\_

\_\_\_\_\_

2. Paul builds off of the foundation laid in verses 1-10 to express the uniqueness of the unity that we now have with Christ in verses 11-22. What are some of the benefits that Paul gives in this passage?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. How can you allow the knowledge of the benefits that you have in Christ to shape the way that you act today?

\_\_\_\_\_

\_\_\_\_\_



**Date:** Friday, June 7  
**Passage:** Ephesians 3

1. What, according to verse 6, is the “mystery of the gospel?” As you think back upon the story of Scripture, why is this a mystery?

---

---

2. Why would Paul refer to himself as the “least of all the saints” in verse 8? If Paul is known as the “least of all,” what does that tell you about how God could use you?

---

---

3. What, according to verse 10, is the true purpose of the church?

---

---

4. Paul’s prayer in verses 14-21 is one of the most beloved prayers in all of Scripture. What does Paul pray for on behalf of this congregation?

---

---

---

---

---

---

---

Paul’s love for the Ephesians cannot be doubted. He suffered for them, he pastored them, and he prayed fervently for them. He literally poured his life into them, and his love comes through in this chapter. May God help us to learn from Paul’s love & dedication to others as we serve Him.



**Date:** Friday, June 7  
**Passage:** Ephesians 3

1. What, according to verse 6, is the “mystery of the gospel?” As you think back upon the story of Scripture, why is this a mystery?

---

---

2. Why would Paul refer to himself as the “least of all the saints” in verse 8? If Paul is known as the “least of all,” what does that tell you about how God could use you?

---

---

3. What, according to verse 10, is the true purpose of the church?

---

---

4. Paul’s prayer in verses 14-21 is one of the most beloved prayers in all of Scripture. What does Paul pray for on behalf of this congregation?

---

---

---

---

---

---

---

Paul’s love for the Ephesians cannot be doubted. He suffered for them, he pastored them, and he prayed fervently for them. He literally poured his life into them, and his love comes through in this chapter. May God help us to learn from Paul’s love & dedication to others as we serve Him.



**Date:** Saturday, June 8

**Passage:** Proverbs 13; Review Romans 15-16

1. How is a wise son described in Proverbs 13:1? How is a scoffer described in the same verse? Which are you?

---

---

2. According to verse 20, why is it so important to keep a close watch on who you hang out with?

---

---

3. What is the end of those who do not take advantage of instruction (v 18)?

---

---

4. What do you learn from the example of Christ in Romans 15?

---

---

5. What does Romans 16 teach you about the importance of avoiding people who spread controversy in the church?

---

---



**Date:** Saturday, June 8

**Passage:** Proverbs 13; Review Romans 15-16

1. How is a wise son described in Proverbs 13:1? How is a scoffer described in the same verse? Which are you?

---

---

2. According to verse 20, why is it so important to keep a close watch on who you hang out with?

---

---

3. What is the end of those who do not take advantage of instruction (v 18)?

---

---

4. What do you learn from the example of Christ in Romans 15?

---

---

5. What does Romans 16 teach you about the importance of avoiding people who spread controversy in the church?

---

---



**Date:** Sunday, June 9

**Passage:** Proverbs 14; Review Ephesians 1-3

1. How is a wise person described in verse 16? How is a fool described? Which are you?

---

---

2. As you think about verse 23, what do you think the benefit of real, hard work is?

---

---

3. Go back over the list of spiritual blessings found in Christ in Ephesians 1. How does that list motivate you to serve Jesus more today?

---

---

4. Describe true salvation as it's conveyed in Ephesians 2:1-10. Where were you? Where are you now? How did you get there? Where are you headed?

---

---

5. What's the mystery of the gospel in Ephesians 3, and how should it impact your life?

---

---



**Date:** Sunday, June 9

**Passage:** Proverbs 14; Review Ephesians 1-3

1. How is a wise person described in verse 16? How is a fool described? Which are you?

---

---

2. As you think about verse 23, what do you think the benefit of real, hard work is?

---

---

3. Go back over the list of spiritual blessings found in Christ in Ephesians 1. How does that list motivate you to serve Jesus more today?

---

---

4. Describe true salvation as it's conveyed in Ephesians 2:1-10. Where were you? Where are you now? How did you get there? Where are you headed?

---

---

5. What's the mystery of the gospel in Ephesians 3, and how should it impact your life?

---

---



**Date:** Monday, June 10

**Passage:** Ephesians 4

1. Paul's appeal in this chapter is for believers to walk in unity. In verses 1 through 3, he unfolds the characteristics that lead to unity. What are they? Which ones are present in your life? Which are absent?

---

---

---

2. What are the gifts that God has given to the church (v. 11)? Why did he give them (v. 12)?

---

---

3. How are we to speak to one another, according to verse 15? How are you doing when it comes to practicing that? Can you think of someone who could benefit from your "speaking in love" this week?

---

---

4. The end of the chapter really breaks down the differences between those who are in Christ and those who are not. What are some of the differences? Which characteristics of people who are in Christ are absent from your life? Which are present?

---

---

---

---



**Date:** Monday, June 10

**Passage:** Ephesians 4

1. Paul's appeal in this chapter is for believers to walk in unity. In verses 1 through 3, he unfolds the characteristics that lead to unity. What are they? Which ones are present in your life? Which are absent?

---

---

---

2. What are the gifts that God has given to the church (v. 11)? Why did he give them (v. 12)?

---

---

3. How are we to speak to one another, according to verse 15? How are you doing when it comes to practicing that? Can you think of someone who could benefit from your "speaking in love" this week?

---

---

4. The end of the chapter really breaks down the differences between those who are in Christ and those who are not. What are some of the differences? Which characteristics of people who are in Christ are absent from your life? Which are present?

---

---

---

---



Date: Tuesday, June 11

Passage: Ephesians 5

1. What does it mean to be an "imitator of God"? Do you think you could be described as an imitator of God?

---

---

2. Paul gets as practical as possible in verses 3-21 when he describes what walking in love looks like. It is going to require "putting on" some things, as well as "putting off" others. Choose 5 of the areas that Paul addresses, and describe how you can either "put it on" or "put it off" today.

<u>Area</u>	<u>How I will put it on or off today?</u>

3. What is the wives' responsibility to the husband? What is the husband's to the wife? Whose love is it based off of?

---

---

One of the greatest mistakes that you could make as a Christian teen is to assume that the Christian life is passive. It is very much active! You must actively pursue Christ by "putting on" and "putting off" according to God's will for you. Pursue the mind of Christ today!



Date: Tuesday, June 11

Passage: Ephesians 5

1. What does it mean to be an "imitator of God"? Do you think you could be described as an imitator of God?

---

---

2. Paul gets as practical as possible in verses 3-21 when he describes what walking in love looks like. It is going to require "putting on" some things, as well as "putting off" others. Choose 5 of the areas that Paul addresses, and describe how you can either "put it on" or "put it off" today.

<u>Area</u>	<u>How I will put it on or off today?</u>

3. What is the wives' responsibility to the husband? What is the husband's to the wife? Whose love is it based off of?

---

---

One of the greatest mistakes that you could make as a Christian teen is to assume that the Christian life is passive. It is very much active! You must actively pursue Christ by "putting on" and "putting off" according to God's will for you. Pursue the mind of Christ today!



**Date:** Wednesday, June 12

**Passage:** Ephesians 6

1. Describe the relationship that Paul commands you to have with your parents in verses 1-3. What is the ultimate reward for such a relationship? How are you doing in obeying that command? Do you honor? Do you obey?

---

---

2. How are we to treat our employers according to verses 5-9? How are employers to treat their employees?

---

---

3. I am sure that you are familiar with the Armor of God. What is the purpose for putting it on (v. 11-13)?

---

---

4. Consider the pieces of the armor. Which are lacking in your life right now? How can you claim the grace of Christ to put the whole armor on?

---

---

5. What is Paul's command to the believers regarding praying for each other (v. 18)? How is your prayer life? Do you pray for others?

---

---

We have learned in Ephesians that the church is a body. It is a living, breathing organism that exists to display the glory of God. We must, however, express ourselves in love & unity while passionately praying for one another. May we be the body that He desires us to be.



**Date:** Wednesday, June 12

**Passage:** Ephesians 6

1. Describe the relationship that Paul commands you to have with your parents in verses 1-3. What is the ultimate reward for such a relationship? How are you doing in obeying that command? Do you honor? Do you obey?

---

---

2. How are we to treat our employers according to verses 5-9? How are employers to treat their employees?

---

---

3. I am sure that you are familiar with the Armor of God. What is the purpose for putting it on (v. 11-13)?

---

---

4. Consider the pieces of the armor. Which are lacking in your life right now? How can you claim the grace of Christ to put the whole armor on?

---

---

5. What is Paul's command to the believers regarding praying for each other (v. 18)? How is your prayer life? Do you pray for others?

---

---

We have learned in Ephesians that the church is a body. It is a living, breathing organism that exists to display the glory of God. We must, however, express ourselves in love & unity while passionately praying for one another. May we be the body that He desires us to be.