

Wednesday, March 27, 2013

WE GOT ISSUES

## Part One - The Anatomy of Anger

Have you ever been around an angry person before? It's a scary thing! Proverbs 25:28 says that an angry person is like "a city without walls." That means that an angry person has no control over his actions. According to reports, the following statistics are true:

- More than one in four people say that they worry about their own anger.
- Half of people admit to losing their temper at their PC.
- 80% of drivers have been involved in road rage.
- One in seven adults is under treatment for stress.

We live in an increasingly angry culture! But the problem of anger is not a new one. In fact, as we study God's Word, we encounter anger in one of God's choice Old Testament servants. His name is Moses, and by looking at his life tonight, we will discover the anatomy of anger.

### I. Consider the Characteristics of an Angry Person.

- A. Angry people find ways to justify their anger (Ex. 2:11-12).
- B. Angry people tend to lash out illogically (Ex. 32:19).
- C. Angry people often hurt those closest to them.
- D. Angry people always overlook God's sovereignty.

### II. Consider the Punishment on an Angry Person.

- A. Anger will destroy your horizontal relationships.
- B. Anger will destroy your vertical relationship.

### III. Consider the Solution for an Angry Person.

- A. The angry person must learn humility.
- B. The angry person must learn dependency (Ex. 3).

Because your anger will destroy you, you must destroy your anger.