



Prov. 28:26 He that trusteth in his own heart is a fool: but whoso walketh wisely, he shall be delivered.

John Bloom opens an article with this statement, “‘Follow your heart’ is a creed embraced by billions of people. It’s a statement of faith in one of the great pop cultural myths of the Western world, a gospel proclaimed in many of our stories, movies, and songs.”

The Bible teaches that the heart is a dangerous leader.

1. The heart is a liar; not your ultimate truth (Jer. 17:9).
2. The heart is a follower; not a leader (Luke 12:34; Matt:6:21).
3. The heart is a storage bin; not an infallible guide (Matt. 15:19-20a; Luke 6:45).
4. The heart is a foolish confidant; not a trustworthy counsellor (Prov. 28:26a).
5. The heart is to be guarded; it does not guard you. (Prov. 4:23).
6. The heart is not a GPS; it must be directed. (Prov. 23:19).

The Bible teaches that the Lord is a _____ Leader.

1. The Bible instructs to pursue God with our hearts; not to pursue our hearts themselves (Jer. 29:13).

Prov. 29:13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

2. The Bible instructs us to follow His _____ instead of our own hearts (Numbers 15:39).

Numbers 15:39 And it shall be unto you for a fringe, that ye may look upon it, and remember all the commandments of the Lord, and do them ; and that ye seek not after your own heart and your own eyes, after which ye use to go a whoring:

3. The Lord _____ your paths (Prov. 3:5-6)

Prov. 3:5-6 Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct (make straight) thy paths.

Notes: _____

4. The Lord _____ your heart (Psalm 37:4)

Psalm 37:4 Delight thyself also in the Lord: and he shall give thee the desires of thine heart.

5. The Lord _____ those who live His Way (Prov. 28:26b).
 Prov. 28:26b ...but whoso walketh wisely, he shall be delivered.

6. The Lord gives _____ and _____ (Psalm 73:26).
 Psalm 73:26 My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.

7. The Word of God (stored in our hearts) _____ us from (destructive) sin. (Psalm 119:11).

Psalm 119:11 Thy word have I hid in mine heart, that I might not sin against thee.

Notes: _____

The Bible teaches how to _____ follow the Right Leader!

1. Pray for a _____ heart; do not blindly pursue its desires. (Psalm 51:10).

Psalm 51:10 Create in me a clean heart, O God; and renew a right spirit within me.

2. Pray that our heart lines up with _____ (Psalm 19:14).

Psalm 19:14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

Notes: _____

3. Pray for _____ when you need _____ (James 1:5).

James 1:5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

4. Allow the Lord to _____ you, not your heart. (Psalm 23:1).

Psalm 23:1 The Lord is my shepherd; I shall not want.

5. Ultimately, follow God’s discerning _____ (Heb. 4:12; 2 Peter 1:3)!

Heb. 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

2 Peter 1:3 According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:

Notes: _____

Don’t follow your heart; follow the Lord and His unchanging Word!