

Ask Pastor Brandon

Worry is a Waste!



Dictionary Definition: Give way to anxiety or unease; allow one's mind to dwell on difficulty or troubles.

Biblical Definition: Worry is a concern about that which you can do nothing.

*Principle 1: Replace worry with Responsibility.

Philippians 2:20 For I have no man likeminded, who will naturally care [show concern] for your state.

Pro 22:3 A prudent man foreseeth the evil, and hideth himself: but the simple pass on, and are punished.

Worry is Sin!

Philippians 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

In Matthew 6, it says "take no thought" (Do not worry) three times.

*Principle 2: Replace worry with Trust, God will provide for your needs.

1. We are commanded not to worry. - Matt. 6:25

2. Worrying is a waste of time.

Matt 6:27 "Which of you by taking thought can add one cubit unto his stature?"

3. Worrying is evidence of little faith.

Matthew 6:30 Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

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4. Worrying is a bad testimony.

Matthew 7:32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

5. Worrying is not necessary.

Matthew 6:33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

6. Worrying limits our service in the present.

Matthew 6:34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.

*Principle 3: Replace worry with Prayer, God will provide peace.

1. We are to rejoice.

Phil. 4:4 Rejoice in the Lord always: and again I say, Rejoice.

2. We are to endure.

Philippians 4:5 Let your moderation be known unto all men. The Lord is at hand.

3. We are to pray.

Philippians 4:6 Be careful [be anxious] for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

4. We will experience peace.

Phil. 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Application: _____
